

## **SB43 Chemical Dependency Recovery Hospital (CDRH) Requests**

1. Hospital ruled out co-occurring mental health & confirmed:  
**Standalone severe SUD + GD + Legal Hold**
  - a. If co-occurring, STOP SB43 workflow and request mental health authorization per “San Diego IP Concurrent Review Authorization Process”
2. API works with referring hospital to admit client
3. Call Optum (800-798-2254, option 3 then 1) and **fax** CDRH request (866-220-4495) using Inpatient Auth Request Fax Cover Sheet **marked “SB43/CDRH”** with required documents
4. Admission requests may be submitted to Optum 24/7 and determination made within 24 hours
5. Continuation requests will be reviewed Monday-Friday during business hours; Optum and San Diego County BHS make determination
6. **Admission requests-up to 3 acute CDRH days** authorized
  - a. **CDRH Continuation requests**-submit before end of previous authorization & **up to 4 acute** days authorized
  - b. CDRH Continuation requests-administrative days may be authorized on a case-by-case basis
7. If modified/denied: hospital may request expedited/informal appeal review
8. Upon discharge, hospital faxes to Optum IP Auth Request Fax Cover Sheet **marked SB43/CDRH** discharge with required documents
9. Treatment Authorization Request (TAR) or UB04 facility claim submitted to Optum;  
**retroactive requests mark SB43 CDRH**
  - a. Ages 21-64, stays 61 days or more=UB04

\*<https://www.dhcs.ca.gov/provgovpart/Documents/BHIN-24-011.pdf>

\*<https://www.dhcs.ca.gov/provgovpart/Documents/SB-43-FAQs.pdf>

\*Updated May 2026